

PURIA

SPA MENU 2024

TRAVEL CHARME



Fürstenhaus
am Achensee / Tirol

ARRIVE, TAKE A BREATH, RELAX.
PURIA WARMLY WELCOME YOU.



OUR PERSONAL SIGNATURE TREATMENT FOR YOU - THE BALANCE

THE BALANCE - THE WHOLE BODY MASSAGE FOR BODY, SPIRIT AND SOUL.

The human being should always be viewed holistically from the unity of body, spirit and soul. This is why „The Balance Massage“ is a wonderful treatment for releasing tension and thightness.

On a physical level, tension in the muscles can be released to allow more elasticity and better mobility.

On a mental and spiritual level, the fine vibrations of the sound bed can wonderfully release tension.

80 Min. | 125,00 €



TAKE TIME OFF FOR BODY, SPIRIT & SOUL - ENERY SOURCES FOR YOU



THE PATH TO SELF-HEALING

To restore the balance of the trinity – body, spirit & soul – we first test the functionality of your energy body. Then, with the help of energy and chakra work (with hands, gemstones, singing bowls and tuning forks), we stimulate the body's self-healing powers, which ensures harmony and well-being on both an energetic and physical level.

80 Min. | 122,00 €

THE SOUND OF HAPPINESS

Take some soothing time out on our sound lounge. The vibrations are transferred to you body when you play. The sound vibrations are experienced with all the senses and leave you with a pleasant, healing deep relaxation. Tibetan singing bowls and tuning forks tuned to planetary vibrations can support you in arriving at „well being“.

50 Min. | 79,00 €

ENERGY POINT MASSAGE

The energy point massage is based on Japanese healing currents and activates various energy points on the body. The energy points are massaged with aromatic oil using gentle strokes and acupuncture to release blockages and tension. This stimulates the flow of energy.

50 Min. | 79,00 €

Additional--> deepening of the energy points- using a master tuning fork

80 Min. | 122,00 €

TIBETAN MASSAGE

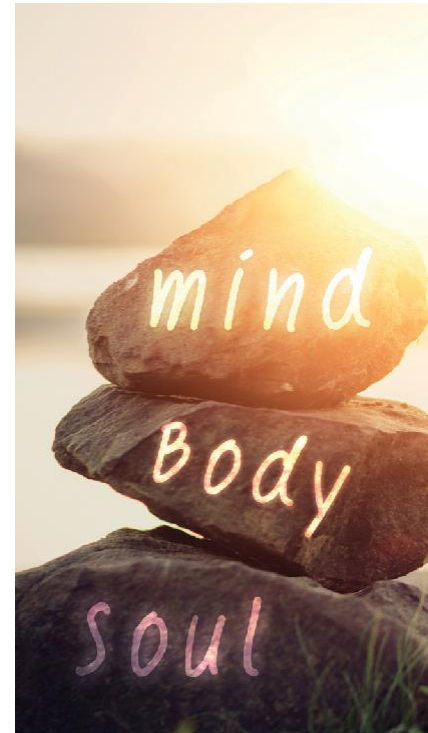
Tibetan massage is also known as "the art of mindful touch". The basis of this holistic massage focuses on the figure eight. Following a certain rhythm, the whole body is activated so that the energy can flow freely through the meridians and channels of the body. The pace of treatment is very slow. During the massage, the physical body is strengthened and the emotions stabilized.

50 Min. | 79,00 €

HOLISTIC PULSING

The whole body is made to vibrate with gentle movements – known as pulsing. This reminds our cells of the primal vibration – primal trust. Pulsing is very calming and has a deep effect. Blockages of all kinds have the opportunity to be released and dissolved. Holistic Pulsing is also a wonderful application during pregnancy, as the child still carries this primal vibration within itself.

50 Min. | 79,00 €



FACIAL TREATMENT FOR HER & HIM

THE GREAT INTENSIVE

This comprehensive treatment and the products tailored to you give your skin everything it needs for a fresh appearance.

The high-quality care and prevention, exfoliation and thorough deep cleansing, intensive massage and antioxidant mask repair, soothe and regenerate your skin.

A treatment that is just as suitable for blemished and problematic skin as it is for mixed or oily skin.

We can also correct your eyebrows on request.

80 Min. | 122,00 €

THE CLASSIC

This treatment lays the foundation for a well-groomed appearance. Whether to get to know your personal facial care for normal skin or for a „pure“ deep cleansing for problematic skin. The products used are specially tailored to your skin type and are therefore also ideal for daily care at home.

50 Min. | 79,00 €

MINI LIFTING FACIAL

Fountain of youth: Cleansing – tartaric acid peeling – ampoule cocktail – massage – lifting and regenerating mask – final care

50 Min. | 99,00 €



THE FULL LUXURY

We use the highest quality products for our „princely“ treatment. Whether you have mature, dry, oily or combination skin, this exclusive treatment leaves no wishes or needs unfulfilled. From A for „anti-ageing“ to „plucking and/or tinting eyebrows and eyelashes“ to make you look and feel your best.

105 Min. | 159,00 €

SMALL BEAUTY MAKER

Combine eyebrow correction with tinting your eyebrows and eyelashes.

35 Min. | 39,00 €

PURE

Ritual | Cleansing & Peeling | Essence | Concentrate | Eye Care | Facial massage with mask | Final care. The highlight of the treatment is a 2-phase transformation mask: Phase 1 focuses on anti-ageing and regeneration, while the detox effect of the mask unfolds in phase 2. The treatment concludes with a moisturizing active ingredient cream.

50 Min. | 89,00 €



CARE FOR HANDS & FEET

PEDICURE

50 Min. | 65,00 €
with nail polish | 60 Min. | 79,00 €

MANICURE

40 Min. | 55,00 €
with nail polish | 50 Min. | 65,00 €

FRENCH MANICURE

60 Min. | 72,00 €



ROYAL FEET CARE

Treat your feet to a well-deserved break and pamper them with a royal pedicure. First, your feet are energized with a warm foot bath with red grape. This is followed by a foot and nail treatment and a grape seed salt scrub. The subsequent foot bath has a balancing effect and prepares the feet perfectly for the regeneration mask. During the application time, you can enjoy a warm neck compress. To finish, the mask is worked into the skin with a relaxing foot massage.

80 Min. | 112,00 €

PEELINGS

COFFEE PEELING

The circulation-promoting peeling with the skin-rejuvenating effect of caffeine and moisturizing goat's milk gives the skin a firm and radiant appearance. A short application time rounds off the treatment.

35 Min. | 55,00 €

GRAPE SEED OIL- SALT PEELING

Salt and cold-pressed grape seed oil provide a cleansing, nourishing scrub that supplies the skin with valuable minerals, detoxifies and balances its pH value.

35 Min. | 55,00 €

BODY WRAPS

MILK & HONEY

A highly nourishing combination of milk and honey. Active ingredient-rich extracts from goat butter, nourishing oils, vitamins and minerals support the skin's self-healing process and promote cell regeneration. Honey has a healing, soothing and anti-inflammatory effect on the skin, leaving it soft and supple.

40 Min. | 62,00 €

CREAM PACK WOOD

Feel nature up close and breathe in the scent of the forest. This wrap has an anti-inflammatory, cell-regenerating and moisturizing effect. Rich oils and creams provide intensive care and make the skin smooth and supple. It also strengthens the immune system and has a beneficial effect on the bronchial tubes and lungs. Ideal for dry and sensitive skin.

40 Min. | 62,00 €



ALOE VERA CARE PACK

Aloe vera is a real thirst quencher for the skin! The goat's butter aloe vera gel moisturizes, smoothes and plumps, has an anti-inflammatory effect and soothes irritated or damaged skin, combining with shea butter and evening primrose to create a valuable skin elixir that prevents wrinkles. Provides a radiant, refreshed complexion.

40 Min. | 62,00 €

MASSAGES WITH A DEEP EFFECT

CLASSIC WHOLE BODY MASSAGE

Skillful massage techniques release muscle tension. The whole body feels loosened and relaxed.

50 Min. | 79,00 €
80 Min. | 122,00 €

TYROLEAN STONE OIL MASSAGE

Classic full body massage with our tried and tested Tyrolean stone oil. Due to its naturally high proportion of bound sulphur, this „healing legacy of the primeval sea“ has a soothing and nourishing effect that promotes blood circulation.

50 Min. | 82,00 €
80 Min. | 125,00 €

INTENSIVE BACK

Classic back massage combined with a "cupping glass massage". The high intensity increases blood flow to the tissue and can release muscle tension and any blockages in the back and spine.

50 Min. | 82,00 €

LYMPHDRAINAGE

Circular displacement techniques, which are applied with light pressure, move the fluid, e.g. water retention, from the tissue into the lymphatic system. This treatment also stimulates detoxification.

50 Min. | 79,00 €
80 Min. | 122,00 €

FASCIAS MASSAGE

Loosens adhesions in the fascia. These adhesions are usually the cause of immobility, muscle pain and stiffness. Special techniques are used to loosen the fasciae again. You will also receive tips for fascia training at home.

50 Min. | 82,00 €
80 Min. | 125,00 €

HONEY MASSAGE

This plucking massage originally comes from Tibet and is still used today as a detoxification treatment. The ingredients in the honey are absorbed through the skin, where they have an antibacterial and activating effect. The "plucking" also ensures strong blood circulation and stimulates the metabolism.

35 Min. | 55,00 €
50 Min. | 79,00 €

OUR TIP

The perfect combination: massage + Tyrolean stone oil mud pack - the warmth of the soft pack lounge with the mud pack prepares the back and neck muscles perfectly for your treatment. The high effectiveness of the stone oil results from its ability to store heat particularly well.

20 Min. | 29,00 € (NOT BOOKABLE ONLINE)

FROM HEAD TO TOE

PEACE BY THE LAKE

Choose from a combination of a soothing head and neck massage combined with a foot reflexology massage or a relaxing full-body massage combined with a foot reflexology massage.

80 Min. | 122,00 €

AYURVEDA 3IN1

A great combination for the head, stomach and back with a final activation of the feet.

105 Min. | 165,00 €

COMBINATION OF 2 TYPES OF YOUR CHOICE

Choose between Mukabhyanga head and face massage, Koshta abdominal massage and Uphanas Veda gentle back massage.

50 Min. | 79,00 €

AYURVEDIC MESSAGES

Ayurveda means something like „the knowledge of long life“. Soothing touches and warm oil lead to deep relaxation.

FOOT REFLEX ZONE MASSAGE

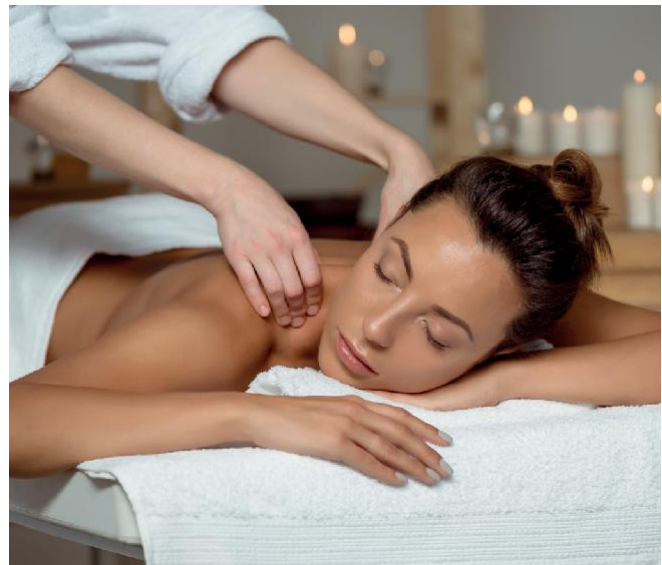
The targeted activation of pressure points on the foot can release blockages, harmonize the energy flow in the entire organism and positively influence all organs as well as the lymphatic and nervous systems.

50 Min. | 79,00 €

PURIA EXKLUSIVE - YOUR WELL-BEING MASSAGE

Treat yourself to a special time-out that focuses on your well-being. Holistic and gentle, from head to toe. This exclusive arrangement pampers you with a foot ritual (peeling, bath, wrap), a head/face massage and a feel-good massage for the whole body.

80 Min. | 122,00 €



PRIVATE SUITE - SPA EXPERIENCE FOR TWO

In a romantic atmosphere, our private suite with its own sauna is available to you for an hour in a wonderful ambience. A bottle of Fürstenhaus Rose Sparkling and a fruit and praline platter will sweeten your time together. A full body massage afterwards ensures the perfect end to your time out together.

Duration: 1 hour Private Suite + 2 x 50 / 80 Min. full body massage
--> these take place in separate rooms

2 x 50 Min. | 210,00 €

Upgrade 2 x 80 Min. | 295,00 €

without massage | 75,00 €



DAY SPA OFFER

Enjoy the day or just treatments with us, even if you are not a hotel guest! You can find more information on our website:

<https://www.travelcharme.com/hotels/fuerstenhaus-am-achensee/wellness>



SPA ETIQUETT



- Take your time and arrive 10 minutes before your treatment.
- Come to the treatment dressed
 - in your bathrobe
- The treatment time is the gross time from when you are collected from the spa desk until the therapist says goodbye.
- We will ask you about your wishes before the treatment and will be happy to advise you.
- **Please inform us in advance of any health concerns, illnesses or allergic reactions.**

Consult your doctor if you are pregnant

- **Cancel treatments by 04.00 pm the day before to avoid charges**
- **Do not reserve any loungers!**
- It is best to keep jewelry and valuables in the room safe.
- Wear swimwear in pool area and refrain from wearing clothes in the sauna area.
- Be considerate of guests seeking peace and quiet
- Give the gift of time to your loved ones with our spa vouchers.

⚠ The management reserves the right to make changes to applications, prices and opening hours. Valid from January 2024. All prices include taxes and duties. With the publication of this brochure, all previous prices lose their validity. Misprints and errors excepted.

THE POWER OF THE ALPS

Pleasant rituals and wellness for the soul. Directly on the banks of the crystal-clear Achensee, Pleasant rituals and wellness for the soul. Directly on the banks of the crystal-clear Achensee, harmoniously embedded in the Alpine landscape, you will become part of nature and find plenty of space for relaxation and tranquillity in the PURIA Spa on 3,000 m². The elemental powers of the mountains such as spring water, mountain air and alpine herbs are combined with the best treatments and form the pinnacle of relaxation at any time of year.

We wish you a relaxing and invigorating stay.

Simply book your time-out in advance from the comfort of your own home! In our online spa you will find all bookable treatments and packages. You can reserve them in advance for your desired date. This gives you even more time for rest and relaxation on your vacation.

You can find all information at:

<https://shop-fha.travelcharme.com>

If you would like to arrive earlier or spend the day in our PURIA Spa after check-out, we offer you the option of using the wellness area during our opening hours for a fee of € 20,00 per person.

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Bildnachweise:

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